## CHALK TALK

The Official Newsletter of Sylvania Northview High School Volleyball



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# APRIL SHOWERS BRING MAY FLOWERS (& VOLLEYBALL)

#### by Chad Rutkowski, Head Coach

April has proven exactly what we had hoped, it has come and gone and we are officially 1 month away from Northview Volleyball.

35 days until our first summer practice | 89 days until Tryouts

As we look deeper into May, we are thankful for numerous things leading up to summer and leading up to the start of NVVB - we are thankful for our volleyball clubs and coaches, for our teachers and administration at Northview and for the year that will soon become a memory etched in our minds and a new school awaits on the horizon.

This past week, I had a few conversations with the members of the Class of 2022, and their message was simple - they want each and every individual in our program be engaged and start with NVVB right away in June. They are extremely excited about the start of the season and are hyper focused on the future while continuing the tradition of NVVB!

Continue to be safe and well. We will see each of you very soon!



#### 2021 CALENDAR & IMPORTANT DATES

Stay up to date on all of the events associated with Northview Volleyball. Please subscribe to the Northview Volleyball calendar online:

- Both Computers, Mobile Devices and Tablets <a href="https://tinyurl.com/ya5c3gjz">https://tinyurl.com/ya5c3gjz</a>
- It is very important that you have this information on your devices to stay up-to-date on all events with Northview Volleyball.

Here is some important information that we need everybody to "keep open" on their calendars for the start of Northview Volleyball for the 2021 season:

- Monday, June 7, 2021 First Summer Practice/Open Gym
- Tuesday, June 29, 2021 Deadline to Register for Asics Summer Site Camp at Northview.
- Thursday Summer League (all players will participate each week) At Premier Academy from 6:00 P.M. 9:00 P.M. in July (refer to calendar for specific dates)
  - 4 weeks long. The entry fee for this event is paid for by Northview Volleyball.
- July 24 and 25, 2021 Asics Summer Slam Tournament Times TBD at Premier Academy All players will participate in this summer tournament. The entry fee for this event is paid for by Northview Volleyball.
- July 29, 30, 31, 2021 Summer Site Camp held at Sylvania Northview High School 9:00 A.M. to 2:15 P.M
  - Junior High Camp will be held from 2:15 P.M. to 4:15 P.M.
  - You must register for this site camp online and <u>can access by clicking here</u>
  - You will need to register and pay for this camp by June 29, 2021
- August 1, 2021 Tryouts First Session 12:00 P.M. to 1:30 P.M. | Second Session 2:30 P.M. to 4:00 P.M. with teams being announced at the end of tryouts.
  - As stated in our Pre-Season Athlete and Parents Meeting, this is a change from the originally scheduled August 2nd tryout date previously communicated.
- August 1, 2021 Spirit Wear Order Forms are due. The form has already been E-mailed you. At any time, this can be sent back. Only those selected to a final roster after tryouts will have their spirit wear orders completed and submitted for purchase. Checks for Spirit Wear can be made out to Northview Volleyball.

#### PHYSICALS

This year, once again, Dr. Mickey Frame, <u>Frame Acupuncture and Chiropractic</u>, will offer Physical Examinations for Northview Volleyball players for \$25.00 per athlete. As a kind supporter of Northview Volleyball, Dr. Frame donates all money collected for Physical's back to Northview Volleyball. To schedule a physical with Dr. Frame, please call (419) 475-9355. All exams will take place at 3829 Woodley Rd, Toledo, OH 43606. As a reminder, all athletes need an OHSAA Pre-Participation Physical Exam form filled out and returned prior to participation. You will not be able to participate in my volleyball happenings until a physical has been turned in the coaching staff (this includes, but not limited to – open gyms, summer practices, conditioning, tryouts, leagues, etc.). <u>Click here to access this year's Physical Form</u>.



### **2021 SUMMER CAMPS**

Our 2021 Summer Camps schedule is below, with some new additions for our younger Wildcats!. All of this information can be access online through our website by <u>clicking here</u>.



Our High School will once again host a site camp at Northview, July 29th - 31st. The cost of this camp is \$190,00 for 10.5 hours! The deadline to register for this camp at this price is June 29th. After June 29th, the price will automatically increase to \$210.00. The image below will take you immediately to the registration page for this camp.







Follow all accounts with username -



#### FINAL FORMS

This year, as in year's past, Sylvania Schools will be using FinalForms to collect all necessary and required information for each athlete in order to participate in their respective sport. If you have not already signed up for a FinalForms account, please visit <a href="www.sylvania-oh.finalforms.com">www.sylvania-oh.finalforms.com</a> and create an account. If you already have an existing account, please sign in and make sure that all information is up-to-date and applicable for the 2021 season.

#### AT HOME WORKOUTS

As promised, your daughter has already received the "At Home Workout" regimen that can simply be done with no equipment. This is a great way to start preparing for the upcoming season. If you have any questions on this, please see the attachment in the E-mail with this newsletter as we will send it to you as well to help encourage that your daughter starts doing this. This is a crucial piece to our training and we are firm believers in setting up our athletes for success.

# THURSDAY NIGHT SUMMER LEAGUE IN JULY

As we move closer to July, we wanted to give some preliminary information on the Northview Summer League hosted on Thursday nights in July at Premier Academy in Maumee. This league is run and managed by our program and is a great way to have weekly competition against other schools. This league will take place between 5:30 P.M. and 9:30 P.M. and the schedule will be released once all teams have registered.

All athletes will be communicated with whom they will be playing with on each night and rosters may vary based on needs for a particular night. We will have further communication our to our athletes by the end of June regarding this league.

#### SPIRIT WEAR

The 2021 Spirit Wear Order Form has already been delivered via E-mail to each family. Please review the content as soon as possible and send back the Excel spreadsheet that has been shared with you to complete your order. As stated earlier, we will only place orders for those that are on a final roster after August 1st Tryouts and all other orders will be deleted. Orders will be placed immediately after August 1st Tryouts and payment for these items will be due by August 3, 2021.

if you are a returning player to the Northview Volleyball program, and are not ordering gear for the 2021 season, please E-mail Coach Chad Rutkowski.











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### SOCIAL MEDIA & WEBSITE CONTENT

For the past couple of years, we have been working tremendously hard to digitize most of our information as well as create some new and exciting things for our program. Please visit our website (www.northviewwildcats.org) and click on Team Files to access computer and mobile device backgrounds, daily checklist for athletes, links for match schedules only that you can share with family members. We appreciate the support of going digital with most of our materials and hope that you will find them helpful and user friendly.

All Northview Volleyball resources can be found online. It is highly encouraged that you utilize the website as much as possible. All of our match results and pictures of our athletes can be found on our social media - please like, follow, share and be as active as you can with our social media posts! It is a wonderful way to get people engaged with our program and to drive individuals to come support our program at one of our matches.

#### WHAT'S NEW FOR 2021?

One of the most intriguing questions we receive each off-season is "so, what fun new things are planned for the next season?" Althought we can not let all of our secrets out just yet, What we can tell you is the following:

- The 2021 schedule is tougher than the 2020 schedule... which was very tough! The 2021 Schedule can be found online by clicking here or can be accessed on all of our social media platforms.
- Our Promotion Schedule is coming together nicely with theme for each home match and giveaways for fans!
- Increased efficiency and technology in practice.
- An optional parent volleyball course and camp learn all about volleyball and expand our overall knowledge of the sport.
- Team Meals on Friday's for all levels.
- Introduction of Summer Strength Training program to be done at home which has already been shared with your athlete.

Northview Volleyball is built on the following core values: Skill Development, Commitment, Sacrifice, Responsibility, Accountability, Dedication, and Perseverance.